



# Anita R. Elliott

Comprehensive Creative Journey Unveiled with Education, Work history, current projects, Awards, and Achievements

## EXPERIENCE

### **Dance Maven and Studio Sorceress — Anita Elliott's School of Dance, Kindersley**

1994-2007

Commanded the dance floor at her very own dance studio, turning twirls into triumphs for ages 3 to adult.

Pioneered an environment where creativity and self-esteem pirouetted hand in hand.

Instilled the belief that everyone is a star, deserving their own moment in the spotlight.

Recognized the potential in others, fostering their growth and celebrating every sign of progress.

### **Café Danse Maestro — Cafe Danse, Kindersley**

2004-2007

Stirred up artistic concoctions as the proprietor of Café Danse.

Infused caffeine and creativity into every cup, serving up inspiration with a side of latte art.

Turned a coffee sip into a dance move; where every cuppa was a performance, and every gift, a masterpiece.

Applied Futuristic thinking to envision a vibrant and exciting future for the café, inspiring both customers and the team.

### **Virtual Assistant Extraordinaire — Mjb Psychological Services Ltd., Remote**

2020-2022

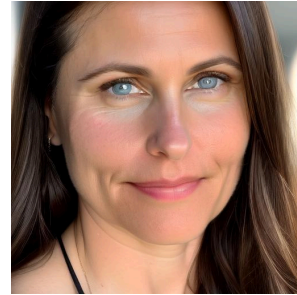
Donned the digital superhero cape, flying through virtual landscapes as a Virtual Assistant.

Conquered tasks with keystrokes and precision, bringing order to the chaotic kingdom of administrative challenges.

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## OBJECTIVE

Aspiring to manifest a lasting professional journey that champions work-life equilibrium, empowering to harness her distinctive skill set in cultivating profound connections and nurturing a vibrant collective

## AWARDS

Awarded the Governor General Arts Pin for her contribution to the arts in the community of Kindersley, Sk. (2005).

## ACHIEVEMENTS

Implemented a No Smoking Policy for all Kindersley Housing Units, contributing to a healthier and more sustainable living environment.

Updated or transitioned record keeping to be more

Infused virtual interactions with sensitivity, empathy, and positivity, creating a supportive and uplifting digital environment.

### **Property Management Maven — Kindersley Housing Authority, Kindersley**

2014-2020

Oversaw operations, staff leadership, payroll, and database management.

Handled lease signings, move in/out inspections, and marketing.

Managed fiscal responsibilities, including budgeting, inspections, tendering, and accounts payable like a backstage director extraordinaire!

Initiated and oversaw the development of an online presence for Kindersley Housing Authority through Facebook and website [www.kindersleyhousing.ca](http://www.kindersleyhousing.ca), strengthening communication and identity within the community.

### **Hearthstone Property Mgmt., Red Deer**

2008-2012; 2022

Anita managed properties with the finesse of a maestro, orchestrating harmony in both private and government realms.

Balanced the fine art of maintenance, tenant relations, and paperwork with the grace of a well-executed pirouette.

Leveraged her strength in connectedness to build bridges between people and their ideal place to call home, working with different cultures, creating a harmonious dance of unity.

## **EDUCATION**

### **Dance:**

- RAD Grade 5 Ballet
- CDTA Elementary Jazz, Advanced Tap
- Hanson School of Dance, Kindersley, SK: Tap, Ballet, Jazz (1979-1992)
- Sask. School of Performing Arts, Saskatoon, SK: Ballet, Voice, Jazz, Drama (1992-1993)
- Inspirations Unlimited, Calgary, AB: "The Art of Teaching Dance" (1996)
- ADAPT Syllabus Certification, Toronto-based dance teaching program (2001-2005)

### **Yoga:**

- Myofascial Yoga Institute, Okotoks, AB - 500 HR RYT Myofascial Yoga Teachers Program (2018-2020)

digital-friendly for the Kindersley Housing Authority, enhancing efficiency and organization.

Integrated the maintenance department into the company's first computer-based system in one month, streamlining processes and accommodating the workload of a rapidly growing portfolio for Hearthstone Property Mgmt..

## **LANGUAGES**

English

## **PROJECTS**

### **Children's Book Alchemist -**

#### **"The Butterfly, Believe" — (Published 2005 & 2024)**

Authored and birthed "The Butterfly, Believe," a whimsical journey encouraging self-belief.

Utilized Empathy to connect deeply with readers, intuitively understanding their emotional needs and providing a voice for their unvoiced questions.

### **Souldancer Blog**

<https://www.anitaelliott.ca/blog>



## Reiki:

- Usui Reiki – Master Attunement with Destiny’s Journey Wellness Studio, Dawn Brogden (2020)
- Usui/Holy Fire II Reiki Ryoho – with Heighten Your Spiritual Connection, Heather Corbett (March 14, 2020)
- Usui Shiki Ryoho Master Attunement – with Heighten Your Spiritual Connection, Heather Corbett (March 14, 2020)
- Fascia-Informed Reiki Level 2 & 3 with Christine Wushke (2022–2023)

## Mental Health:

- Mental Health First Aid– Mental Health Commission of Canada (January 2018)

## Property Management:

- ARM Designation #20574 –Accredited Residential Manager, November 14, 2018–IREM (currently inactive)

## Final Note:

Anita approaches each adventure with a heart that loves laughter, values authenticity, and embraces qualities like sensitivity, empathy, positivity, and futuristic thinking. She believes life is a beautiful choreography waiting to unfold, and invites others to create, connect, and waltz through the extraordinary with her. Her vibrant spirit and inclusive outlook make her a truly unique and inspiring individual to be around. Whether she's pursuing her passions or exploring new opportunities, Anita brings a special energy and perspective that enriches the experiences of those around her.

## CORE VALUES

Values authenticity and freedom, finding beauty in the mundane and the extraordinary.

Thrives on deep, meaningful connections, fostering relationships that resonate like a well-composed symphony.

Sees nature as a canvas and connection as the masterpiece.

## Follow Along:

