



Anita R. Elliott

Comprehensive Creative Journey Unveiled with Education, Work history, current projects, Awards, and Achievements

EXPERIENCE

Dance Maven and Studio Sorceress — Anita Elliott's School of Dance, Kindersley

1994-2007

Commanded the dance floor at her very own dance studio, turning twirls into triumphs for ages 3 to adult.

Pioneered an environment where creativity and self-esteem pirouetted hand in hand.

Instilled the belief that everyone is a star, deserving their own moment in the spotlight.

Recognized the potential in others, fostering their growth and celebrating every sign of progress.

Café Danse Maestro — Cafe Danse, Kindersley

2004-2007

Stirred up artistic concoctions as the proprietor of Café Danse.

Infused caffeine and creativity into every cup, serving up inspiration with a side of latte art.

Turned a coffee sip into a dance move; where every cuppa was a performance, and every gift, a masterpiece.

Applied Futuristic thinking to envision a vibrant and exciting future for the café, inspiring both customers and the team.

Virtual Assistant Extraordinaire — Mjb Psychological Services Ltd., Remote

2020-2022

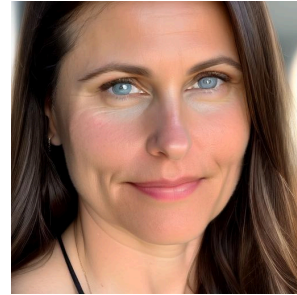
Donned the digital superhero cape, flying through virtual landscapes as a Virtual Assistant.

Conquered tasks with keystrokes and precision, bringing order to the chaotic kingdom of administrative challenges.

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OBJECTIVE

Aspiring to manifest a lasting professional journey that champions work-life equilibrium, empowering to harness her distinctive skill set in cultivating profound connections and nurturing a vibrant collective

AWARDS

Awarded the Governor General Arts Pin for her contribution to the arts in the community of Kindersley, Sk. (2005).

ACHIEVEMENTS

Implemented a No Smoking Policy for all Kindersley Housing Units, contributing to a healthier and more sustainable living environment.

Updated or transitioned record keeping to be more

Infused virtual interactions with sensitivity, empathy, and positivity, creating a supportive and uplifting digital environment.

Property Management Maven — Kindersley Housing Authority, Kindersley

2014-2020

Oversaw operations, staff leadership, payroll, and database management.

Handled lease signings, move in/out inspections, and marketing.

Managed fiscal responsibilities, including budgeting, inspections, tendering, and accounts payable like a backstage director extraordinaire!

Initiated and oversaw the development of an online presence for Kindersley Housing Authority through Facebook and website www.kindersleyhousing.ca, strengthening communication and identity within the community.

Hearthstone Property Mgmt., Red Deer

2008-2012; 2022

Anita managed properties with the finesse of a maestro, orchestrating harmony in both private and government realms.

Balanced the fine art of maintenance, tenant relations, and paperwork with the grace of a well-executed pirouette.

Leveraged her strength in connectedness to build bridges between people and their ideal place to call home, working with different cultures, creating a harmonious dance of unity.

EDUCATION

Dance:

- RAD Grade 5 Ballet
- CDTA Elementary Jazz, Advanced Tap
- Hanson School of Dance, Kindersley, SK: Tap, Ballet, Jazz (1979-1992)
- Sask. School of Performing Arts, Saskatoon, SK: Ballet, Voice, Jazz, Drama (1992-1993)
- Inspirations Unlimited, Calgary, AB: "The Art of Teaching Dance" (1996)
- ADAPT Syllabus Certification, Toronto-based dance teaching program (2001-2005)

Yoga:

- Myofascial Yoga Institute, Okotoks, AB - 500 HR RYT Myofascial Yoga Teachers Program (2018-2020)

digital-friendly for the Kindersley Housing Authority, enhancing efficiency and organization.

Integrated the maintenance department into the company's first computer-based system in one month, streamlining processes and accommodating the workload of a rapidly growing portfolio for Hearthstone Property Mgmt..

LANGUAGES

English

PROJECTS

Children's Book Alchemist -

"The Butterfly, Believe" — (Published 2005 & 2024)

Authored and birthed "The Butterfly, Believe," a whimsical journey encouraging self-belief.

Utilized Empathy to connect deeply with readers, intuitively understanding their emotional needs and providing a voice for their unvoiced questions.

Souldancer Blog

<https://www.anitaelliott.ca/blog>



Reiki:

- Usui Reiki – Master Attunement with Destiny’s Journey Wellness Studio, Dawn Brogden (2020)
- Usui/Holy Fire II Reiki Ryoho – with Heighten Your Spiritual Connection, Heather Corbett (March 14, 2020)
- Usui Shiki Ryoho Master Attunement – with Heighten Your Spiritual Connection, Heather Corbett (March 14, 2020)
- Fascia-Informed Reiki Level 2 & 3 with Christine Wushke (2022–2023)

Mental Health:

- Mental Health First Aid– Mental Health Commission of Canada (January 2018)

Property Management:

- ARM Designation #20574 –Accredited Residential Manager, November 14, 2018–IREM (currently inactive)

Final Note:

Anita approaches each adventure with a heart that loves laughter, values authenticity, and embraces qualities like sensitivity, empathy, positivity, and futuristic thinking. She believes life is a beautiful choreography waiting to unfold, and invites others to create, connect, and waltz through the extraordinary with her. Her vibrant spirit and inclusive outlook make her a truly unique and inspiring individual to be around. Whether she's pursuing her passions or exploring new opportunities, Anita brings a special energy and perspective that enriches the experiences of those around her.

CORE VALUES

Values authenticity and freedom, finding beauty in the mundane and the extraordinary.

Thrives on deep, meaningful connections, fostering relationships that resonate like a well-composed symphony.

Sees nature as a canvas and connection as the masterpiece.

Follow Along:

